

# 9TH NATIONAL BIOETHICS CONFERENCE-5TH GLOBAL MENTAL HEALTH SUMMIT

## Main Theme | Mental Health: Center-staging Human Rights, Ethics, Law, Research and Policy

DAY TWO | SATURDAY, DECEMBER 10, 2022 | 1430-1900 Hours

SUBTHEME | RESEARCH ETHICS OBLIGATIONS IN MENTAL HEALTH SPACES

SPEAKERS BIOSKETCH SESSION WISE

**Session 1: Keynote address | Mental health research and rights of people with mental health problems | 14:30 to 15:15 hours**

### Julia Eaton



Julian Eaton is the Mental Health Director for [CBM Global](#). He is a public health psychiatrist focused mainly on improving access to care and support in low and middle income countries. He works with a team providing technical support for CBM partner programmes around the world, covering long term development, and humanitarian emergency settings, with a focus on inclusion and rights-based approaches. This increasingly involves addressing climate change impacts, and CBM actively engages on [mental health, disability and climate](#).

He is an Assistant Professor at the Centre for Global Mental Health at London School of Hygiene and Tropical Medicine, where he is currently leading a number of research projects looking at integration of mental health care in primary care ([mhSUN](#)) and community settings ([SUCCEED](#)) (including for people with Neglected Tropical Diseases), and at strengthening public mental health systems in Africa ([SPACE](#)), including in response to emergencies. He leads the [Mental Health Innovations Network](#) at LSHTM, and is Chair of the Bond International NGO Mental Health Group. Julian trained as a psychiatrist in London, where he now works, after 15 happy years living and working in Nigeria and Togo.

**Session 2: Plenary 1 | Collaborative mental health research initiatives involving communities: Navigating through ethical dilemmas | 15:25 to 16:10**

### Lola Kola



Dr. Lola Kola is a Global Mental health researcher and a female Medical Sociologist at the Department of Psychiatry, College of Medicine, University of Ibadan in Nigeria, an affiliate member of the University of Washington's BRITE center and an Adjunct Associate Professor at Department of Sociology and Psychology, Lead City University, Ibadan. She has significant experience in the conduct of large-scale epidemiological studies, clinical trials and implementation studies in perinatal mental health and other vulnerable populations in primary care in low resource settings. Lola's current work is centered around developing psychosocial interventions on digital platforms to increase mental health services access. She has served as technical staff at the World Health Organisation (WHO) between 2011-2014, where she coordinated the adaptation and implementation of the WHO Mental Health Gap Action (mh GAP) demonstration project in Nigeria (funded by the European Union). Lola have studied several technology integrated approaches of the WHO mhGAP perinatal depression care in Maternal and Child Health Care in Nigeria such as tele-consultation strategies, digital-supervision and support to improve quality of mh GAP depression care, and implementation at the provider level. At the patient-level, she has also developed and tested a self-management patient-centered mobile App for adolescents with depression to manage their symptom and infant care in Maternal and Child Health setting. She has also successfully integrated digital health in the mobile App intervention to provide timely follow-up. The Hybrid approach (mobile App + distance follow-up) of integrated depression care has shown significant impacts of effectiveness of mental and physical

health outcomes in adolescent mothers in Nigeria. Lola has contributed significance to Global Health discourse on Mental Health and the COVID-19 pandemic and its implication on vulnerable population in LMIC.

### Marisha Wikremsinhe



Marisha joined the Ethox Centre in 2018 as a DPhil student in Population Health. Her research focuses on ethical considerations that impact physician decision-making on involuntary admissions for psychiatric inpatient care. Marisha's research is supported by the Clarendon Fund, Brasenose College Kwai Cheong Scholarship, and the Nuffield Department of Population Health.

Prior to pursuing the DPhil in Population Health, Marisha worked at the Kennedy Institute of Ethics as a Research Associate on two grants to develop ethics guidance for the responsible and equitable inclusion of pregnant women in clinical research. Marisha earned her MSc in Global Mental Health from the London School of Hygiene and Tropical Medicine and King's College London, and her BS in International Health from the School of Nursing and Health Studies at Georgetown University.

### Athula Sumathipala



Following an undergraduate medical degree (Faculty of Medicine, University of Colombo, Sri Lanka), Professor Sumathipala obtained a Diploma In Family Medicine and a Doctorate in Family Medicine (Post Graduate Institute of Medicine (University of Colombo, Sri Lanka). He migrated to the UK in 1992 and was re-trained as a psychiatrist at the Maudesley and Bethlem Royal Hospitals and obtained the MRC Psych and completed the specialist training as a Liaison psychiatrist.

He was a Research Associate (Section of Epidemiology) at the Institute of Psychiatry, Kings College, London from 1999 to 2004 and completed a PhD from University of London in 2004. He also worked as a Senior Lecturer at the Institute of Psychiatry, Kings College from 2008 to 2009.

In 1997 he founded the Institute for Research and Development in Sri Lanka (IRD - [www.ird.lk](http://www.ird.lk)). He moved to Sri Lanka to serve as the Director of the IRD while remaining as a Hon Senior Lecturer, IoP, Kings College, London from 2009 to 2014. Following the Tsunami, he also worked as the coordinator (Psychosocial Affairs), Centre for National Operations on Tsunami in Sri Lanka.

He was awarded the HB Williams Traveling Professorship of the Royal Australian and New Zealand College of Psychiatrists in 2007. He was elected as an honorary Fellow of the Sri Lankan College of General Practitioners in 2008. He was awarded the Fellowship of the Royal College of Psychiatrist, UK in 2018.

The Institute for Research and Development he founded in Sri Lanka received a merit award for 'excellence in multidisciplinary international collaborations' and Professor Sumathipala received 'outstanding leadership, from National Science Foundation in 2018.

Professor Sumathipala is also an Honorary Consultant Psychiatrist, Midlands Partnership NHS Foundation Trust, Emeritus Professor of Global Mental Health, Kings College London, Hon. Director, Institute for Research and Development, Sri Lanka and a Visiting Professor in Psychiatry and Biomedical Research at the Faculty of Medicine, Kotelawala Defence University, Sri Lanka.

### **Session 3: Panel Discussion 1 | Is participatory research in mental health truly participatory? | 16:20 to 17:05 hours**

#### **Audrey Prost**



Dr Audrey Prost received a PhD in Social Anthropology from University College London in 2004, followed by a Career Development Fellowship from the UK's Medical Research Council (2005-2008), during which she trained in epidemiology at the London School of Hygiene and Tropical Medicine.

She joined UCL in 2008 and contributed to the development of the MSc in Global Health and Development. She is currently the Director of the Centre for the Health of Women, Children and Adolescents, housed at UCL's Institute for Global Health.

#### **Crick Lund**



Crick Lund, PhD, is Professor of Global Mental Health and Co-Director of the Centre for Global Mental Health, Institute of Psychiatry, Psychology and Neuroscience, King's College London. He is also an Honorary Professor in the Alan J. Flisher Centre for Public Mental Health (CPMH), Department of Psychiatry and Mental Health, University of Cape Town (UCT). He trained as a clinical psychologist at UCT in the mid-1990s and was subsequently involved in developing post-apartheid norms for mental health services for the national Department of Health. He worked for the World Health Organisation (WHO) from 2000 to 2005 and has consulted to several countries on mental health policy and planning. He was a founding member of the CPMH and served as its first Director, from 2010 to 2017. He is currently Co-Principal Investigator of the 'Improving Adolescent mental health by reducing the impact of poverty (ALIVE)' Wellcome Trust funded collaborative award (2021-2026). His research interests lie in mental health policy, service planning and the social determinants of mental health in low and middle-income countries.

#### **Rahul Shidhaye**



Dr Rahul Shidhaye is trained as a clinical psychiatrist and epidemiologist and has worked in the field of global mental health for last 18 years in India and other low-and-middle income countries with a specific focus on reducing treatment gap for mental disorders by translating evidence-based treatments in 'real-world' setting. Currently he is associate professor of Psychiatry and senior research scientist at the Pravara Institute of Medical Sciences. He is recipient of India Alliance (Department of Biotechnology, Government of India-Wellcome Trust) intermediate fellowship in clinical and public health research and his work involves design and evaluation of yoga-based interventions for mental disorders. His work covers five major areas; a) epidemiology of mental disorders with focus on social determinants, b) generating evidence on translating knowledge into practice, c) mental health systems strengthening in low- and middle-income countries and building capacity in the field of implementation science, d) synthesizing knowledge to facilitate policy uptake, and e) effect of yoga-based interventions on mental health of women and elderly.

Rahul Shidhaye has published extensively and has more than 100 peer-reviewed publications (h-index: 37, i10-index:71), with more than ten publications in the Lancet group of journals. The full-list of his publications is

### [Kaaren Mathias](#)



Kaaren Mathias is a public health physician and researcher with a focus on participation, inclusion, equity and mental health in communities. Since 2021 she has been working in New Zealand as a Senior Lecturer in the Faculty of Health, University of Canterbury. Kaaren has worked in public health, with a focus on community mental health in India for most of the last 20 years and is founder/ director of the mental health initiative Burans ([www.burans.org](http://www.burans.org)) which promotes mental health in Uttarakhand, North India. With the Burans team, Kaaren has developed three interventions that have been evaluated and scaled, with Nae Disha adopted for use across national institutes for disability in India. Nae Disha strengthens youth mental health and resilience; Nae Umeed supports mental health of carers and Swasthya Labh Saadan is a recovery tool developed with people with lived experience in North India. Kaaren's research uses mixed methods and more recently has leaned more to qualitative research. Until recently Kaaren was the South East Asia regional board member of Health Systems Global.

### **Session 4: Panel Discussion 2 | Research consent in vulnerable populations with compromised capacity | 17:05 to 17:50**

### [Chetna Duggal](#)



Dr. Chetna Duggal is an Associate Professor in the School of Human Ecology, Tata Institute of Social Sciences (TISS), Mumbai. She has completed her Ph.D. from TISS, Mumbai and her M.Phil. in Clinical Psychology from NIMHANS, Bangalore. She is a Psychotherapist with over 17 years of experience and has worked with children, adolescents, couples and families. She teaches courses on psychotherapy and qualitative research and supervises trainee counsellors and practitioners. She heads two field action/outreach projects - the School Initiative for Mental Health Advocacy (SIMHA), an initiative that endeavours to promote well-being of young people in schools and other institutes through advocacy, research and capacity building and Rahbar, an initiative to promote training, supervision and professional development for mental health practitioners in India. She has co-authored a book titled Reflective Practice and Professional Development in Psychotherapy, which was released in February this year. Her research interests include psychotherapy process and supervision, school mental health, child and adolescent mental health, resilience in communities and religion and spirituality.

### [Hanna Negussie Abnet](#)



Hanna Negussie Abnet is currently working as a trial coordinator for a project called SPARK. Hanna studied Social pharmacy and Pharmaco-epidemiology for her master's degree. She has over 8 years of experience in research projects working as trial coordinator and research coordinator. She was the trial coordinator for a trial which involved people who had severe mental disorders. The trial included people with severe mental disorder who lacked decisional capacity to consent to participation in the study. Hanna is interested in clinical research, mental health and women's health.



## Anant Bhan



Anant Bhan, is a physician with a masters' degree in bioethics from the University of Toronto. He is a researcher in global health, bioethics, mental health and health policy. He is also Adjunct Professor, Yenepoya (deemed to be University), Mangaluru, India. Anant was Past President, International Association of Bioethics, 2017-19. His work is focused on ethics and equity in health, mental health, digital health, public health ethics, research ethics, community engagement, ethics of innovative technologies and ethics training for professionals. Anant is based at Bhopal, India. <https://www.linkedin.com/in/anant-bhan-53233b11/> and on Twitter @AnantBhan

### **Session 5: Keynote Address | Equity and diversity in global health research: countering imperialism | 18:00 to 19:00**

## Gita Sen



Gita Sen has over 40 years of experience working nationally and internationally on gender equality and women's human rights. Her work has ranged widely spanning poverty, population policies, human development, labour markets, and women's health. She holds a PhD in Economics from Stanford University.

She is currently Distinguished Professor and Senior Advisor of the Centre on Equity and Social Determinants of Health at the Public Health Foundation of India. She was for many years a professor of public policy at the Indian Institute of Management, Bangalore, and Adjunct Professor of Global Health and Population at the Harvard TH Chan School of Public Health.

Her current international positions include:

- Co-Chair of the *Gender and Rights Advisory Panel* of WHO's Dept of Reproductive Health Research
- Member of the *Lancet* Commission on "A Synergistic Approach to Universal Health Coverage, Health Security and Health Promotion".

She has been a member of the Governing Board of the National Health Systems Resource Centre, the Mission Steering Group for the National Rural Health Mission, and the High-Level Expert Group on Universal Health Coverage set up by India's Planning Commission.

She is a widely published author and editor of journal articles and books, and has received a number of awards and honorary doctorates for her work on gender equality.