9TH NATIONAL BIOETHICS CONFERENCE-5TH GLOBAL MENTAL HEALTH SUMMIT

Main Theme | Mental Health: Center-staging Human Rights, Ethics, Law, Research and Policy

DAY ONE | SATURDAY, DECEMBER 3, 2020 | 14:30-19:00 Hours SUBTHEME | MENTAL HEALTHCARE PARADIGMS

SPEAKERS BIOSKETCH SESSION WISE

Session 1: Keynote address | Global Mental Health & Social Justice | 14:30 to 15:15 hours

Rochelle Burgess



Dr Rochelle Burgess is a community health psychologist and scholar activist, based at University College London. Her work is grounded in the promotion of community-led actions for health improvements, through the promotion of health enabling environments. She is interested in the socio-political economy of health improvement and the role of social movements in health and health systems improvement. She has worked alongside community, NGO and activist groups in the UK, South Africa, Zimbabwe and Colombia on mental health improvements for the last decade.

Rochelle is an Associate Professor in Global Health and, Deputy Director of the UCL Centre for Global Non-Communicable Diseases, at the Institute for Global Health at UCL. She is the founder and Director of UCL's Global Network on Mental Health and Child Marriage. She is a Fellow of the Royal Society of Public Health, member of the ESRC peer review college, UK Trauma Council, among other affiliations.

Session 2: Panel Discussion | Mental Health, Marginalisation & Development | 15:30 to 16:30 hours

Moderator | Surinder Jaswal



Prof. Surinder Jaswal is Professor in Centre for Health and Mental Health, School of Social Work at TISS. She is also the Dean of Research and Development and the Associate Editor of the Indian Journal of Social Work, an international indexed peer reviewed journal in print since 1940. She has an M.A. in Social Work from TISS and a Ph.D. from LSHTM, London University. Her research interests include health and development, disasters and health, women's health, public health policy, health and ethnic conflict and qualitative research methods in health research. She has initiated and led several field action projects such as The Thane Health Project, Play Spaces Project and Aarohi. She is a keen researcher and has been

the Principal Investigator of over 35 research studies. She has published widely on social issues including Vulnerable Groups, Public Health, Mental Health and Development, Disasters and Psychosocial Care and Support, Sustainable Rural Livelihoods, Migration and Development, Conflict and Peace. She has an M.A. in Social Work from TISS and a Ph.D. from LSHTM, London University.

Deepa Pawar | Caste Discrimination & Mental Health



Deepa Pawar started working with youth in communities since she was herself 14. In over 22 years, Deepa has also worked with women, communities, NGOs, colleges, as well as local and state governments on matters of gender, mental health, sexual reproductive rights, sanitation, leadership, Indian Constitutional literacy, history reclaiming and movement-building. Herself from the Ghisadi (Gadiya Lohar) nomadic community, she is pioneering work with NT-DNT communities in Maharashtra. Based on her lived experiences, she has

coined the concept of Mental Justice, to respond to the wider social justice aspects of mental health faced by marginalized communities.

She is a Samvaad 2020 Fellow – creating the first ever book documenting her Ghisadi (Gadiya Lohar) nomadic tribe's iron weapons/tools making. She is also a SRHM fellow in the 'Mentoring Programme on Rights and Evidence-based Knowledge Creation', carrying out the first ever NT woman-led research on SRHR of NT-DNT women. As a fellow of the Collective Impact Partnership and a Goalkeeper Youth Action Accelerator, her initiatives for safe higher education spaces and for youth mental health are recognized internationally. She is the winner of the Last Mile Champion for Girls' Rights in the 2022 Plan India Awards, winner of the Martha Farrell Most Promising Individual Award 2021, was a finalist in the CII Foundation's Women Exemplar Award 2018, and is the Grand Prize winner from South Asia in the University of California's Tell Her Story contest 2018.

She is the founder director of Anubhuti Trust, an anti-caste, intersectional feminist organization working to build grassroot leadership towards a more just, equitable and democratic society.

Sumeet Jain | Caste & Psychiatry



Dr Sumeet Jain is Senior Lecturer of School of social science and political science in the University of Edinburgh. These are recent projects of him

- <u>The dynamics of a recovery oriented mental health approach in northern</u> India (PI: Dr S Jain, Funded by ESRC-Impact Accelerator Award).
- <u>Alternatives in community mental health: defining the contours of non-formal care in western India</u> (PI: Dr S. Jain, Funded by Carnegie Trust for the Universities of Scotland)
- Research collaborator on a mixed-methods study investigating <u>caste identity and psychological distress in western India</u> funded by the British Academy (PI: Dr. S. Jadhav, UCL; co-PI: Dr. B. Davar, Bapu Trust, Pune, India).
- Co-Principal Investigator on a qualitative evaluation of Alcohol Referral Team (ART) and Drug Referral Team (DRT) Services for the City of Edinburgh. (PI: Prof. Viv Cree, University of Edinburgh)
- Researcher on a Wellcome Trust funded mixed methods evaluation of a public health initiative addressing health inequalities in London. (co-PIs: Dr. A. Draper & Prof. A. Clow, Westminster University)
- Research consultant on a mixed methods study, funded by DFID and World Bank, examining the relationship between poverty, stigma and serious mental illness in two field sites in India. (PI: Dr. J.F. Trani, George Warren Brown School of Social Work, Washington University, St. Louis)

Ketki Ranade | Gender, Sexuality, & Mental Health



Ketki Ranade is faculty at the Center for Health and Mental Health, School of Social Work, TISS, Mumbai. Ketki has completed their graduation in psychology from Mumbai University and later studied at TISS and the National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore.

Before joining the School of Social Work at TISS in 2010, Ketki has worked for almost a

decade as a mental health service provider, researcher and activist and has developed mental health service programs in low income urban settlements and institutions such as the Beggar's Home and Family Court in Pune and Bombay.

Ketki's research, writing and teaching is in the areas of mental health law, policy, programmes and advocacy, LGBTQ mental health, clinical social work and research methodology. Ketki is the author of 'Growing Up Gay - A critical psychosocial perspective', Springer (2018) and lead author of 'Queer Affirmative Counselling Practice - A Resource Book for Mental Health Practitioners in India', MHI (2022) and 'Sexual Rights of Women with Psychosocial Disabilities - insights from India', ARROW (2017).

Ketki has been member of the Expert Committee on Transgender Issues formed by the Ministry of Social Justice and Empowerment, Government of India in 2013. Ketki has been a visiting faculty at University of Gothenburg, Sweden (2015).

Ketki also goes by the name KP and uses the pronouns they/ them.

Hauwa Ojeifo | Race & Mental Health



Hauwa Ojeifo was born and raised in Nigeria. She received a Master's in Investment Banking and Islamic Finance from Henley Business School, University of Reading in 2019. As an Executive Director at the mental health initiative She Writes Woman, Hauwa leads the team in creating space, mobilizing, and amplifying the voices of persons with mental health conditions and psychosocial disabilities, empowering them to co-create

their solutions, tell their own stories, and advocate for their own rights. As Lead Facilitator and CEO at International Advocacy Academy Africa, she creates learning resources and facilitates teachings to equip African advocates to make social change. Additionally, Hauwa sits on the advisory board at Viacom Generation Change Global Youth, Witness Change, and Made of Millions.

Session 3: Webinar | Inter-Sectoral Approaches to Suicide Prevention | 16:45 to 17:45 hours

Lakshmi Vijayakumar | Gender & Suicide Prevention

Dr. Lakshmi Vijayakumar is the founder of SNEHA, an NGO in Chennai for the prevention of suicide. She is the Head, Department of Psychiatry, Voluntary Health Services, Adyar, Chennai. She is a member of the WHO's International Network for Suicide Research and Prevention. She is an Honorary Associate Professor in the University of Melbourne, Australia.

She was the Vice President of the International Association for Suicide Prevention (I.A.S.P.) for four years. She was awarded the Ringel Service award by IASP. She has been conferred Honorary Fellowship of the Royal College of Psychiatrists (FRCPsych), U.K and FRCP (EDIN) for her work on suicide prevention.

She was one of the editors of the WHO's report "Preventing Suicide – A global imperative" published in 2014.

She has received numerous awards in India such as For The Sake Of Honour, Bharathi Virudu, Women Doctor of the year etc. She has actively worked for decriminalization of suicide, media guidelines for reporting of suicide and developing a national suicide prevention strategy for India.

She has published widely in peer reviewed journals and has authored several chapters. She is a reviewer for numerous journals and has edited two books.

Her area of interest and expertise includes developing cost-effective community intervention to prevent suicide.

Daiane Borges Machado | Cash Transfers: An Evidence Based Strategy for Suicide Prevention



Dr Daiane Borges Machado is a PhD in Epidemiology and Population Health. She is a research fellow at Harvard Medical School and a research associate at the Center for Data and Knowledge Integration for Health. She is the PI of the R01MH128911-01 https://reporter.nih.gov/search/nkw_TgJLukSvmhYj9rhfSw/project-

details/10374288 project, which mainly focuses on evaluating socio-determination, and the impact and mechanisms that link a cash transfer government program to better mental health

and lower suicide risk, performing statistical analyses on big datasets from The 100 Million Brazilian Cohort housed at CIDACS/FIOCRUZ.

Since 2007 Daiane has been investigating suicide and mental health-related outcomes, also focusing on gender differences on those outcomes. She has published several scientific papers (https://orcid.org/0000-0003-2959-4650), including one of the most cited papers in the area in Brazil (Suicide in Brazil from 2000 to 2012) which has 151 citations to date. She was awarded seven grants and scholarships, and the Andrej Marušič Award from the International Association for Suicide Prevention (IASP) in recognition of her contribution to the field of suicide. She has also worked as a Mental Health Expert for several Non-Governmental Organizations and the Pan American Health Organization (PAHO), from the WHO.

Daiane's research has contributed to the use of new strategies for evaluation of mental health and cash transfer programs, showing that panel data and secondary data analyses can be powerful tools to evaluate the impact of policies and interventions in mental health at a lower cost.

Tanmoy Goswami | Centering Lived Experiences in Suicide Prevention Research



Tanmoy Goswami is a user-survivor and founding editor of Sanity, an independent mental health journalism platform, based out of New Delhi. Prior to this, he worked as the world's first Sanity correspondent at The Correspondent, headquartered in Amsterdam, writing about the politics, economics, and culture of mental health. As part of his lived experience advocacy, Tanmoy co-facilitates suicide reporting workshops for journalists with CMHLP. Previously, Tanmoy headed the editorial desk at Fortune India magazine, where he won the IE Business School Prize for Economic Journalism in Asia, and was associate editor of The

Economic Times Prime. Tanmoy is an alumnus of the Entrepreneurial Journalism Creators Program at the Craig Newmark School of Journalism, CUNY, and St Stephen's College. He is currently researching a book on India's mental health movement.

Rakhi Dandona | Improving Data Surveillance Systems for Suicide Prevention



Rakhi Dandona is Professor at the Institute for Health Metrics and Evaluation and at the Public Health Foundation of India. She is the Chair of the Global Burden of Disease Study India Injury Expert Group for the India State-Level Disease Burden Initiative. Prof. Dandona has experience of over 25 years in large-scale population- and hospital-based injury epidemiology studies, in particular for road traffic injuries, suicide deaths, drowning, and gender-based violence. Mental health dimensions of suicide deaths and self-harm, improving the quality of injury data in developing country settings, and policy engagement for injury prevention are of particular interest to her.

Prof. Dandona has published widely with over 270 peer-reviewed publications. She is an Associate Editor for the journal *Injury Prevention*, and serves on the Editorial Advisory Boards of *The Lancet Psychiatry* and *The Lancet Public Health*. She also serves as a member of the National Strategic Framework for Drowning Prevention for India, and on the Technical Advisory Group of the National Data Quality Forum which has the mandate to improve quality of health data in India. Prof. Dandona is a member of the *MQ/The Lancet Psychiatry* Standing Commission on the COVID-19 Pandemic and Mental Health, and a Steering Committee member for the International COVID-19 suicide prevention research collaboration. She also serves as a

member of the WHO Reference Group on Health Statistics Task Force on improving causes of death estimation and the Expert Committee of the Health Ministry in India to improve vital registration.

Facilitator | Arjun Kapoor



Arjun is a lawyer and psychologist by qualification. After graduating from NALSAR, Hyderabad, he was appointed as law clerk to the Supreme Court of India. Subsequently, his work focused on developing socio-legal interventions on access to justice with marginalised communities in Gujarat. Arjun has a M.A. in Psychology (Psycho-Social Clinical Studies) from Ambedkar University, Delhi with a specialisation in interdisciplinary approaches to psychology. At the Centre, he co-leads

various projects on law, policy, and service reform for mental health and suicide prevention. He works with a range of stakeholders for implementation of the Mental Healthcare Act, 2017 and the National Mental Health Policy, 2014. He co-leads the India Mental Health Observatory, Outlive – a suicide prevention programme which addresses urban youth suicides and ENGAGE – an adolescent suicide prevention programme based in Chhattisgarh, India. He is deeply invested in exploring the intersections of the human psyche, culture and social justice. To note: Arjun is a lover of chai, mutton curry, and all things sweet.

Session 4: Interview | Contemporary Debates in Psychiatry: From Clinical Diagnosis to Recent Advances | 18:00 to 19:00 hours



Awais Aftab, MD is Clinical Assistant Professor of Psychiatry at Case Western Reserve University, Cleveland, Ohio, USA, and staff psychiatrist at North coast Behavioral Healthcare. He completed his psychiatry residency from Case Western Reserve University/University Hospitals Cleveland Medical Center in 2018, and geriatric psychiatry fellowship from University of California San Diego in 2019. He has received numerous national awards and honors, including the prestigious Laughlin Fellowship by the American College of Psychiatrists and the American Psychiatric Association Leadership Fellowship during his psychiatric training. He leads the popular interview series "Conversations in Critical Psychiatry" for Psychiatric Times, and a book adaptation of the series is forthcoming from Oxford University Press. His peer-reviewed scholarly work has been published in journals such as the American Journal of Psychiatry and JAMA Psychiatry. He is an associate editor for Current Psychiatry, senior editor for the journal Philosophy, Psychiatry, & Psychology, and he has been actively involved in initiatives to educate psychiatrists and trainees on psychiatric controversies.

Soumitra Pathare



Soumitra is a consultant psychiatrist, and the Director of the Centre Mental Health Law & Policy, Pune. In the past, he has provided technical assistance to the Ministry of Health and Family Welfare, Government of India in drafting India's new Mental Health Care Act 2017, which takes a rights-based approach to mental healthcare. He was also a member of the Mental Health Policy Group appointed by Government of India to draft India's first National Mental Health Policy released in October 2014. He has served as

a WHO consultant in many low and middle-income countries (Botswana, Seychelles, Lesotho, Samoa, Vanuatu, Eritrea) assisting them in drafting and implementing mental health legislation and national mental health policy. He enjoys travelling, meeting new people and dreams of being a cheese maker one day.

Soumitra is also the Co-director of <u>SPIRIT</u> (an implementation research project on suicide prevention funded by NIMH) and the co-lead on <u>Outlive!</u> (a youth suicide prevention project funded by Comic Relief, UK).