

9TH NATIONAL BIOETHICS CONFERENCE-5TH GLOBAL MENTAL HEALTH SUMMIT

Main Theme | Mental Health: Center-staging Human Rights, Ethics, Law, Research and Policy

DAY THREE | SATURDAY, DECEMBER 17, 2022 | 9:15 am – 5:00 pm

SUBTHEME | Re-Imagining Community Mental Health Towards Diverse and Inclusive Ecosystems

SPEAKERS BIOSKETCH SESSION WISE

Opening Remarks | 9:00 am to 9:30 am



Sunita VS Bandewar

Dr Sunita Bandewar has training in Anthropology and Bioethics. She was awarded an International Fellowship by the International Fogarty Centre, NIH, USA, to pursue a Masters in Health Sciences (Bioethics) at the Joint Centre for Bioethics, University of Toronto, Canada, in 2003-04. She was a senior research fellow in bioethics and global health at the University of Toronto on the initiative titled 201 Ethical, Social, Cultural Program in Global Health 201, Canada, for five years. Her engagement with health, as a field of enquiry over these past 30 years, is primarily via empirical research and advocacy in the areas of women and health, gender-based violence, global health, and bioethics, global health, research methodology, program evaluation, and policy analysis. She is the General Secretary, FMES, and serves on the core editorial team of the *Indian Journal of Medical Ethics (IJME)*, and heads FMES' newly established programmatic platform namely, Health, Ethics and Law Institute (HEaL Institute) for Training, Research and Advocacy. She serves on the International Ethics Review Board, Médecins Sans Frontières, Geneva. She serves on the editorial board of *Health Care Analysis*.

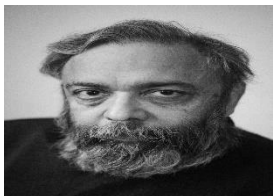


K V Kishore

Dr K V Kishore, Director, BALM, A NIMHANS alumnus, Dr K.V Kishore has been working in psychiatry for the last three decades. Having worked in mental health during the time of a disaster, he has developed a keen interest in developing community models for mental health & incorporating life skills for health promotion. His contribution to the mental health discourse in the country is indelible, as he has developed life skills manuals for teachers to promote health among adolescents. He has also been part of the District Mental Health Programme (DMHP), wherein he contributed to the development of self-instruction manuals to strengthen mental health care. A prominent member of the faculty of BALM, Dr Kishore brings acumen & knowledge to the institution. He played an instrumental role in the formulation of India's first national mental health policy.

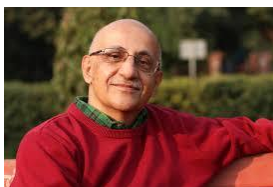
Session 1: Panel Discussion | Person-centered approaches towards Community Mental Health | 9:30 am to 11:00 am

Moderator



Alok Sarin

Dr. Alok Sarin is a practicing clinical psychiatrist in New Delhi, with an active interest in medicine, psychiatry, ethics, society, history and literature. He has been in active clinical practice since 1985, and is currently attached as an Honorary consultant to the Sitaram Bhartia Institute, New Delhi.



Harsh Mander

Harsh Mander (www.harshmander.in) is a human rights and peace worker, writer, columnist, researcher and teacher. He works with survivors of mass violence, hunger, homeless persons and street children.

From the autumn of 2017, he established and led the important national initiative which he called the Karwan e Mohabbat (www.karwanemohabbat.in), literally the Caravan of Love. This tries to counter rising hate and fear in the country, but not with hate; instead with love and solidarity. The Karwan visits the families of those who lost loved ones to hate violence and lynching, for atonement, solidarity, healing, conscience and justice; and to promote goodwill and trust between communities. He is Chairperson of the Centre for Equity Studies, Delhi, where he founded, convenes and edits the annual India Exclusion Reports. These attempt to document the experience of disadvantaged people of the state; and on evidence-based analysis and advocacy for more just and equitable laws and policies.



Godfrey Kagaayi

Godfrey Kagaayi is a prominent lived experience mental health advocate from Uganda with over eight years of experience working with peers with lived experience of mental health conditions, servicer user groups, and NGOs to challenge mental health stigma and shame across contexts. He is the Founder of Twogere, a dynamic youth-led mental health charity in Uganda whose mission is to change the ways people think and act about mental health problems. Godfrey is an active member of the Healthy Brains Global Initiative (HBGI) Lived Experience Council, where he co-leads the evaluation workstream. He is also an executive committee member at the Global Mental Health Peer Network. He is highly experienced in designing and implementing monitoring and evaluation strategies for organizations with extensive knowledge of digital data collection and analysis techniques to identify the potential impacts and outcomes of different strategies plus being able to make evidence-based recommendations to improve the organizational/activity/program processes.



Sridhar Vaitheeswaran

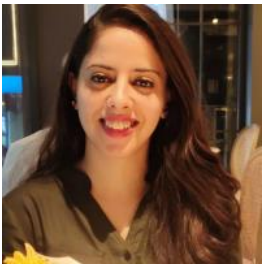
Dr Sridhar is assistant director and consultant psychiatrist, Dementia Care in SCARF (DEMCARES), Schizophrenia Research Foundation (India) – SCARF, Chennai, India. His current research is on implementing cognitive stimulation therapy for dementia in India, implementing psycho-social interventions for dementia in rural communities in India, adapting interventions for caregivers of persons with dementia in India, and using technology to support persons with dementia in India.



Chitra Venkateswaran

Dr Chitra Venkateswaran MD is Professor in Psychiatry and Senior Mentor, Palliative Care at Believers Church Medical College Hospital, Tiruvalla, Kerala. She is the founder-director, and trustee, Mehac Foundation, Kerala, India. She is member of the Board of Directors, International Association of Hospice and Palliative Care. Her main role is founder/director of Mehac Foundation, a not for profit based on a palliative care model.

Ufra Mir



Ufra has been working at the intersection of psychology, mental health psychosocial support (MHPSS), education, arts, conflict transformation and peacebuilding for over a decade. She works multisectorally - advising, strategizing, designing, facilitating and implementing interventions globally; but with major focus on Kashmir and South Asia. Ufra's work aims to help people and communities to cope up with the psychological ramifications of living in conflict-zones; while advocating for justice and human rights, and building space for positive-peacebuilding in the process. As a frontline practitioner, advisor and global expert in her field, she's also now influencing policy-level changes on these intersections with UN organizations and global forums. Ufra has presented her work, created impact and received recognition and awards from international-forums including the UN Women, International Council of Psychologists, American Psychological Association, University of Oxford (UK), Nobel-Peace-Prize forums (USA), UN (Geneva), UNDP, Clinton's Global Initiative, World Economic Forum's Global-Shaper-Hub (Shape-SouthAsia), the Swedish-Institute, Center for Peace and Nonviolence (Uni of Rhode Island, USA), Women in Security-Conflict-Management & Peace, TEDx talks, United World College International, Rotary Foundation.



Preeti Mathew

Preeti Mathew is a social work professional from Baroda School of Social Work. She has worked with the Rainbow Homes Program since the year 2010. In the early part of her career, she has worked in the area of enhancing learning levels for rural primary schools in Gujarat. Along with the development of thematic manuals on comprehensive care, she has contributed to creating visual aids and training materials for several themes in the Rainbow Model.



Satya Pillai

Satya Pillai positioned her focus on issues of children in difficult circumstances since 2007 after having studied and practiced psychology for a decade. With the belief that comprehensive knowledge is essential for better outcomes, she has been working with her team towards enhancing the understanding of street children. As part of the executive leadership team of Rainbow Homes Program, she provides strategic guidance and thought leadership for the program along with leading the knowledge domain of the organization for more than a decade since its inception in 2010.

Session 2: Community-Centered Mental Healthcare: Struggles and Challenges | A Forum Theatre performance facilitated by Radha Ramaswamy | 11:30 am to 1:00 pm



Radha Ramaswamy

Radha is the founder of the Centre for Community Dialogue and Change (CCDC), a Bangalore based organisation which offers workshops and training in Theatre of the Oppressed, a participatory theatre-based pedagogy. Radha has been working with diverse communities across different cities in India and abroad, using the tools of Theatre of the Oppressed for creating spaces for dialogue on important contemporary issues. Education, including medical education, and mental health are CCDC's main focus areas. Radha has led several Forum Theatre projects on mental health for communities in India, the UK and Cameroon.

Session 3: Panel Discussion 1 | Mental Health Training and Pedagogy – what should the next few years look like? | 2:00 pm to 3:00 pm

Moderator



Amar Jesani

Amar Jesani is an independent researcher and teacher in bioethics and public health. He is a co-founder of the Forum for Medical Ethics Society and its journal, Indian Journal of Medical Ethics (www.ijme.in), published since 1993. He is its editor since 2012. He is also a co-founder of Anusandhan Trust (retired in 2013) and its institutions, CEHAT (Mumbai) & SATHI (Pune). He is a Visiting Professor at Yenepoya University, Mangalore (since 2011) and the Centre for Biomedical Ethics and Culture, Karachi (since 2010). He is a Member of the International Ethics Review Board of the Medicine Sans Frontiers (MSF) and the National Apex Committee for Stem Cell Research and Therapy (NAC-SCRT) of the Government of India. He has co-authored and co-edited nine books - the last co-edited with Purendra Prasad, titled Equity and Access: Healthcare Studies in India, Oxford University Press, 2018 Pg 418.



Sanjeev Jain

Prof Sanjeev Jain is a retired Senior Professor of Psychiatry, Dept. of Psychiatry, NIMHANS and the Ex-Dean, Behavioural Sciences. His research has focused on genetic mechanisms of risk psychoses and severe mental illness; and the broader issues of the interfaces between psychopathology and biology.



Tabassum Amina

Dr Tabassum Amina is the Assistant Professor at BRAC Institute of Educational Development, Brac University (BRAC IED). She is currently leading the Mental Health and Psychosocial Support (MHPSS) team who work on the improvement and scaling of the BRAC IED developed Paracounsellor model, inclusion of mental health content into different education and development projects, and advocate to bring mental health into discussions in diverse fields. Dr. Amina is also developing a graduate program on Mental Health and Psychosocial Support in collaboration with global mental health experts with the goal to grow the community of mental health professionals in Bangladesh and beyond.



Barbara Regeer

Barbara Regeer, PhD, is associate professor of transdisciplinary strategies for sustainable development and system transformation at the Athena Institute, Vrije Universiteit Amsterdam. Her research interests are in emerging innovative strategies for (sustainable) development, with a specific focus on the facilitation of multi-stakeholder processes, knowledge co-creation, social change and mutual learning between all actors involved, in such areas as mental health care, child and youth care, disability mainstreaming, sustainable food systems and integrated rural development. Besides publications in the mentioned areas in international peer reviewed journals, she has (co)authored books on approaches for knowledge co-creation for sustainable development. She coordinates, and teaches in, various courses on (transdisciplinary) research methodology, science communication, policy processes and (social) innovation. She is director of the Graduate School for Transdisciplinary PhD Education at Athena Institute.



Ashique Selim

Dr. Ashique Selim is a Lead Consultant Psychiatrist of Psychological Health and Wellness Clinic (PHWC) and an advisor to the mental health program of SAJIDA Foundation. He is a member of the Royal College of Psychiatrists and worked as a Consultant in UK, New Zealand and now in Bangladesh for the past 6 years. Dr. Ashique Selim was awarded an Honorary Clinical Lecturer status from the University of Sheffield and performed his role as the Undergraduate Lead for Psychiatry in Sheffield for 2 years.



Rubina Jahan

Rubina Jahan is the Head of Clinical Services of the Mental Health Program at SAJIDA Foundation. She is a clinical psychiatrist and comes with more than nine years of managerial experience in the non-profit sector of mental health in Bangladesh.

Before joining SAJIDA Foundation, Rubina worked with Kaan Pete Roi Suicide Prevention Helpline and BRAC James P Grant School of Public Health. She also taught Psychology in two institutes in Dhaka for more than one year. Rubina is a National Trainer of Mental Health First Aid (MHFA) and a Master Trainer of mhGAP training. She was awarded by the US Department of State for International Visitor Leadership Program (IVLP) in 2022 for its multi-regional project on Innovation for Mental Health, Self-care and Wellbeing.

Poorna Chandrika



Dr Poorna Chandrika is the director of Institute of Mental Health Studies, Chennai and has completed her postgraduation in psychiatry from Stanley Medical college, Chennai. She is a teacher for undergraduates and post graduates in psychiatry for over 10 years. She has conducted several symposia, Journal clubs, Clinical society meetings, Guest lecturers for under graduates and post graduates in psychiatry in the Institute of Mental Health, Department of Psychiatry, Government General Hospital / Madras Medical College and for Post graduates in pediatrics.

Session 4: Valedictory Lecture / Closing Remarks | 3:30 pm to 5:00 pm



Sujatha Rao

Ms Sujatha Rao is a former Union Secretary of the Ministry of Health and Family Welfare, Government of India. She was Board member of The Global fund, WHO, and UNAIDS, the Global Advisory Panel of the Bill & Melinda Gates Foundation; the Public Health Foundation of India; Advisory Board of the Ministerial Leadership Program of the Harvard School of Public Health; Population Council, USA, AIIMS, Raipur and BSNL. Ms Rao has a MPA from Harvard University, USA, was a Takemi Fellow at the Harvard School of Public Health and the Gro Harlem Brundtland Senior Leadership Fellow at HSPH.

She is author of the book entitled Do We Care? India's Health System – published by Oxford University Press in 2017.

Closing Remarks | 4:30 pm to 5:30 pm



Ramesh KS

Co-Lead, Centre for Social-care Needs & Livelihoods | Assistant Professor, Sundaram Fasteners School of Social Work & Social Policy.

A social worker by expertise, Ramesh K S has been working with the Banyan Academy of Leadership in Mental Health as an Assistant Professor for Sundaram Fasteners School of Social Work & Social Policy. Dr Ramesh did his postgraduation in Social Work followed by a PhD in behavioral psychology and has been with BALM since 2013. He has been a prominent representative for BALM in several conferences on social work owing to his multi-disciplinary work and expertise on the role of social workers in mental health care delivery. As a prominent name in mental health & social work, he has served on committees for some prominent bills related to social work, health & youth policy.